British Society of Physical & Rehabilitation Medicine

Rehabilitation Medicine Taster Days for Medical Students and Foundation Doctors

4th October 2025, Sheffield

Address: Medical Education Centre, Northern General Hospital Campus, Sheffield Teaching Hospitals, Herries Road, Sheffield, S5 7AU. (**Map:** https://publicdocuments.sth.nhs.uk/PD10021%20-%20NGHv2.pdf)

Time	Topic	Speaker
09:00	**Introduction and Housekeeping**	**Mr Pradeep Thumbikat** (Consultant in Spinal Injuries)
09:10	**Pathways into Rehabilitation Medicine**	**Dr Lisa Grandidge** (Consultant in Spinal Injuries) **Sorfina Ghazali** (ST3 Physical & Rehabilitation Medicine)
09:40	**Rehabilitation Medicine in the Wider Context and Around the World**	**Dr Jo Corrado** (Consultant in Physical & Rehabilitation Medicine)
10:00	**Rehabilitation in Elite Sport**	**Dr Sam Thistleton** (Consultant in Sports & Exercise Medicine MCFC and FA doctor)
10:20	**Break** *(Virtual reality equipment will be available during break)*	
10:40	**Living with a Spinal Cord Injury and the Impact of Rehabilitation**	**George Robinson** (Actor)
11:10	**Rehab Speciality Stations** (5 x 15 minutes): 1. **Spinal Cord Injuries** (Dr Ram Hariharan, Dr Sorfina Ghazali, & Mr Pradeep Thumbikat) 2. **Neurorehab** (Prof Derick Wade & Dr Jo Corrado) 3. **Major Trauma Rehab** (Matt & Dr Jav Haider) 4. **Musculoskeletal Rehab** (Dr Manoj Sivan & Prasthanth) 5. **Prosthetics and Amputee Rehab** (Anand & Yamen)	
12:30	**Biopsychosocial Aspects of Rehabilitation Medicine**	**Prof Derick Wade** (Consultant in Neurological Rehabilitation)
12:50	**Lunch Break**	***Stations will be available to browse during lunch break:*** *STEPS Rehabilitation, Blatchford, Ultrasound, and Coloplast*
13:40	**Living with a Spinal Cord Injury – Perspective from a Doctor**	**Dr Ed Hudson**
14:10	**Surgical Rehabilitation**	**Mr Pradeep Thumbikat** (Consultant in Spinal Injuries)
14:30	**Brain Computer Interface and EEG**	**Dr Mahnaz Arvaneh** (Senior Lecturer)
15:00	**Research in Rehabilitation Medicine**	**Dr Manoj Sivan** (Professor in Physical & Rehabilitation Medicine)
15:20	**Innovations in Rehabilitation**	**Dr Jav Haider** (Consultant in Physical & Rehabilitation Medicine)
15:40	**Rotating Hands-on Experience Stations: (7x10 Mins)** 1. **Exoskeletons, Robotics, and Prosthetics** (STEPS Rehabilitation) 2. **Prosthetics and wheelchairs** (Blatchford) 3. **Respiratory Care** (Ash) 4. **FES and gait analysis** (Anand, Dr Ram Hariharan, & Prasthanth) 5. **Ultrasound guided interventions** (Dr Manoj Sivan & Matt) 6. **Baclofen pumps** (Dr Lisa Grandidge & Charles) 7. **Assisted Technology** (Dr Shagufay Mahendran)	
16:50	**Discussion and Closing Remarks**	**Mr Pradeep Thumbikat** (Consultant in Spinal Injuries)
17:00	**Close**	