2026

British Society of Physical & Rehabilitation Medicine

BSPRM MAJOR TRAUMA REHABILITATION COURSE

PROGRAMME







FITZWILLIAM COLLEGE, CAMBRIDGE

11-13 November 2026

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COURSE ORGANISERS



Dr Fahim Anwar



Dr Harry Mee

SPONSORS

Slater Gordon Lawyers

fletchers solicitors

IM irwinmitchell

AGENDA | 11 NOVEMBER

DAY 1

10:00	**REGISTRATION & TEA/COFFEE**	
10:30	**WELCOME AND INTRODUCTION**	Fahim Anwar
	Session One: Scene Setting and Processes in Major Trauma	
10:45	Trauma – Who Cares Now – Background to Major Trauma Systems Development	Dr Laura Graham
11:15	Overview of Patient Pathways, MTC, TUs, Older People and Paediatrics	Dr Ahmed Saif
11:45	Trauma Definitions: ISS, AIS and the Context of Rehabilitation	Dr Fahim Anwar
12:15	Rehabilitation Physicians as Leaders in MTC	Dr Laura Graham
12:45	**LUNCH**	
	Session Two: Rehabilitation Prescription and Role of Rehab Medicine Physician	
13:30	Rehabilitation Needs Assessment of the Major Trauma Patients	Dr Harry Mee
14:00	Rehabilitation Prescription: Standard and Specialist Versions – Early Goal Settings	Dr Laura Graham
14:30	Clinical Leadership: The Role of the RM Physician in the Major Trauma MDT	Dr Ahmed Saif
15:00	Sponsor Talk 1: Moments That Matter' (Fletchers Solicitors)	Julie Chorlton
15:15	Sponsor Talk 2	*TBC*
15:30	**TEA/COFFEE BREAK**	
	Session Three: Principles and Practice of Trauma Rehabilitation	
16:00	Acute Pain Management in Trauma Patient	Georgina Fewell
16:30	Role of Major Trauma Service in Trauma Patient Management	Dr Cynthia Udensi
17:00	Early Psychological Intervention for Trauma Patient	Nicola Zapiain-Creamer
19:30	**DELEGATE DINNER**	

SUBJECT TO CHANGE. TIMES MAY DIFFER ON THE DAY

AGENDA | 12 NOVEMBER

DAY 2

08:30	**WELCOME & TEA/COFFEE**	
	Session Four: Traumatic Brain Injuries – 1	
09:00	Radiology of TBI – Interpretation of Common Imaging Patterns in TBI	Tamara Tajsic
09:30	Intensive Care Management of TBI - Preventing Secondary Injury	Prof. Adel Helmy
10:00	Rehabilitation Assessment and Provision in the Neurological Critical Unit	Allyson Wood & Joanne Clark
10:30	Nutritional Management in Critical Care – Basic Principles	Marta Alves
11:00	**TEA/COFFEE BREAK**	
	Session Five: Traumatic Brain Injuries – 2	
11:15	Post-Traumatic Amnesia – Importance, Assessment and Management	Rebecca Rous
11:45	Management of Challenging Behaviour in Hyperacute Rehabilitation Unit	Dr David Christmas
12:15	Use of Mental Capacity and Mental Health Act after Brain Injury – Case Studies	Dr David Christmas
12:45	**LUNCH**	
	Session Six: Traumatic Brain Injuries – 3	
13:30	Cognitive Assessment after Head Injury	Huw Green
14:00	Swallowing and Communication Assessment after Head Injury	Nicola Stead
14:30	Assessment, Management, and Prognosis of Prolonged Disorder of Consciousness	Dr Judith Allanson
15:00	Practical Workshop – Case Examples, Assessment for BPPV and Mild/Moderate TBI	TBC
15:30	**TEA/COFFEE BREAK**	
	Session Seven	
16:00	Peripheral Nerve Injury – Practical Session/Workshop	Dr Laura Graham
16:30	Tracheostomy Care and Home Ventilation Workshop	Samantha Petty

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AGENDA | 13 NOVEMBER

DAY 3

08:30	**WELCOME & TEA/COFFEE**	
	Session Eight: Rehabilitation of Specific Injuries – 1	
09:00	Chest Injuries: Management of Blunt and Penetrating Cardiothoracic Injuries and Complications	Stavros Gourgiotis
09:30	Abdominal Trauma – Management and Complications of Solid Organ and Hollow Viscus Injuries	Stavros Gourgiotis
10:00	Traumatic Amputations	Dr Shigong Guo
10:45	**TEA/COFFEE BREAK**	
	Session Nine: Rehabilitation of Specific Injuries – 2	
11:15	Rehabilitation of Peripheral Vascular Trauma	Dr Shigong Guo
11:45	Pelvic Injuries – Common Patterns, Bowel, Bladder, Sexual Function, Sensation and Motor Recovery	Jaikirty Rawal
12:15	Silver Trauma – New Developments in Management of Chronic Subdural Haematoma in Older People	Benjamin Davies
12:45	**LUNCH**	
	Session Ten	
13:30	MDT Discharge Planning Session	Fahim Anwar & MTC Team
14:00	Return to Work and Driving after Trauma	Rachael Rowlingson
14:30	Patient Stories	Graham English
15:30	Conclusion and Close	Fahim Anwar and Faculty

SUBJECT TO CHANGE. TIMES MAY DIFFER ON THE DAY

OUR SPONSORS

Sponsorship funding is used to support BSPRM and the delivery of the Trauma Rehabilitation Course. Sponsorship does not influence the course, and sponsors do not participate in or otherwise become involved in the preparation or delivery of its educational content as part of this sponsorship agreement. Sponsors may exhibit at the event at an allocated promotional stand space or deliver a talk which will be separate from the course content and will be clearly delivered on behalf of the sponsor. Sponsorship agreements are to promote educational, medical, scientific and/or charitable purposes and are not done in exchange for any explicit or implicit agreement or understanding that either party will purchase, administer, sell, supply, use, consume, prescribe, lease, order, recommend any goods or services.

Slater Gordon Lawyers

DELEGATE DINNER SPONSOR

Slater and Gordon is one of the UK's leading personal injury firms, securing tens of millions of pounds in compensation for clients affected by serious injury each year.

We have a dedicated department specialising in life-changing injuries, including spinal cord and traumatic brain injuries, with experienced lawyers across the UK who offer expert legal guidance to those who have sustained injuries through road traffic collisions or other traumatic events. Our team of specialists have earned an unrivalled reputation for providing a caring and empathetic service which treats clients as individuals from the first moment of contact.

Our focus is on access to legal justice with total peace of mind and our commitment to securing the best possible outcome for each client — maximising compensation and streamlining the claims process to reduce stress during recovery.

We work closely with national charities, support groups, and healthcare professionals to ensure our approach reflects the latest care guidelines and prioritise early access to rehabilitation and holistic support, including counselling, home adaptations, assistive technology, and financial planning to empower our clients and their families throughout the legal process.

https://www.slatergordon.co.uk/

We would like to thank our sponsors for their support.

OUR SPONSORS

fletchers solicitors

GOLD SPONSOR

When life changes in an instant, knowing where to turn can feel overwhelming. At Fletchers Solicitors, we support people and families affected by serious, life-changing injuries, helping them navigate the challenges ahead and find a way forward. Our specialist lawyers combine legal expertise with a caring, personal approach, taking the time to understand each person's circumstances, priorities and hopes for the future.

As one of the UK's leading specialists in serious injury law, we have extensive experience supporting people affected by brain injury, spinal injury, amputation and polytrauma. But our role goes beyond the legal claim. We believe early access to the right rehabilitation and support can make a real difference to recovery, independence, and quality of life. Our in-house Rehabilitation and Wellbeing team works alongside our legal specialists to help coordinate treatment, therapies, and wider practical support, working closely with clients, their families and the professionals involved in their care.

We work to secure the compensation our clients need to access appropriate care, rehabilitation and equipment, adapt their homes and plan for the future. Most importantly, we focus on what that support can make possible: helping people rebuild their lives, regain independence, and get back to the moments that matter most. Because every person's journey is different, we tailor our approach to what matters to them and their family, both now and in the years ahead.

www.fletcherssolicitors.co.uk

IM irwinmitchell

SILVER SPONSOR

At Irwin Mitchell, our specialist personal injury lawyers provide compassionate legal support to people and families whose lives have been turned upside down by serious injury or illness. In circumstances they never expected, we are by their side, listening to their experiences, helping them understand their rights and options, and guiding them to find a way forward.

We help our clients to secure the compensation they deserve and access to the rehabilitation and medical care they need to adapt, recover, or rebuild. We also work closely with our clients, their families and the professionals involved in their care to improve their quality of life and make sure their needs are supported for the long-term.

Beyond their personal injury claim, we can help with our clients' wider legal needs, including protecting their business interests, navigating complex family changes or challenges, and planning for the future. Whatever has happened, and whatever lies ahead, we always put our clients and their needs first.

https://www.irwinmitchell.com/

We would like to thank our sponsors for their support.

VENUE, ACCOMMODATION, & DELEGATE DINNER

COURSE VENUE



Upper Hall 1 & 2 -
Fitzwilliam College
Storey's Way, Cambridge, CB3 0DG

Map on Next Page

Getting to the venue:

https://www.fitz.cam.ac.uk/maps-and-transport

Parking Details: Limited parking, including electric car spaces, is available at the College on a first-come, first-served basis on both the Storey's Way side and the Huntingdon Road side. Attendees must register their car at the Porters Lodge on Storey's Way on their arrival.

ACCOMMODATION



Hyatt Centric Cambridge
37 Eddington Avenue, Cambridge, CB3 1SE

£109.00 per room per night for single occupancy (or £119.00 for double occupancy), inclusive of breakfast, Wi-Fi and gym access.

Discounted hotel booking link:
https://www.hyatt.com/events/en-US/group-booking/STNCT/G-BSPR

All delegates and speakers should book their own accommodation.

DELEGATE DINNER



Turing Suite
Hyatt Centric Cambridge
37 Eddington Avenue,
Cambridge, CB3 1SE

Attendance at the Delegate Dinner is included for all course attendees, thanks to support from our **Delegate Dinner Sponsor**:

Slater Gordon Lawyers

FITZWILLIAM COLLEGE
UNIVERSITY OF CAMBRIDGE



1. Porters' Lodge
   1st Floor
   Walker Room 11
   2nd Floor
   Walker Room 21
2. Student Services
   Student Accounts
   Tutorial
   Outreach
3. Trust Room
   1st Floor
   IT
4. Housekeeping
5. Events & Student Accommodation
6. Student Wellbeing Dept.
7. Old SCR *(Senior Combination Room)*
8. Walter Grave Room
9. Screens
10. Coffee Shop / Bar
11. Upper Hall 1
12. Upper Hall 2
13. Music Room
14. Gaskoin Room
15. Reddaway Room
16. Gordon Cameron Lecture Theatre
17. Wilson Court:
    Seminar Rooms 1-4
    William Thatcher Rm
    Wilson Ct Common Room

Restricted area due to building works

Alternative walking route (wheelchair suitable)

Cont. wheelchair suitable access to Trust Room and Old SCR

ADDITIONAL INFORMATION

V1.6 - 04/Nov/2026

PHOTOGRAPHY

Please be aware that there may be a photographer present at the course.
Any photographs taken during the course will be used on our website, social media and in our newsletter and future BSPRM educational material.

SOCIAL MEDIA

We welcome your social media posts from the course. Please follow us on our social media platforms, tag us and use the hashtag #BSPRM

BECOME A BSPRM MEMBER

If you are not already a member of the BSPRM, have you thought about joining us? We have a variety of membership categories to suit, whatever stage of your career, with a wide range of benefits, including discount on courses. If you are interested in joining or would like to know more, please visit our website www.bsprm.org.uk

If you have a special interest in Trauma Rehabilitation, you can also sign up to be a member of the Trauma Rehabilitation Special Interest Group (TRSIG) as well as other BSPRM Special Interest Groups here:
bsprm.org.uk/about/committees/special-interest-groups/.

FEEDBACK & CERTIFICATE

On completion of the course, we will send you a feedback form to fill out, your feedback is important to us and we are very interested to hear your thoughts on the course. Once we have received your completed feedback form, we will send your course attendance certificate by email.
Approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 18 category 1 (external) CPD credits.

THANK YOU

BSPRM thanks everybody involved in the organisation of the course, and the faculty and speakers for all their hard work and dedication to the Society. We are grateful to all course volunteers and our wonderful course sponsors and would like to thank them all for their time and support.