



**British Society of Physical
& Rehabilitation Medicine**

BSPRM 2026 Annual Conference

Speaker Profiles

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Dr Fahim Anwar

Dr Fahim Anwar is a Consultant in Rehabilitation Medicine at Cambridge University Hospitals NHS Foundation Trust. He is Clinical Lead for Major Trauma and Neurorehabilitation at Addenbrooke's Hospital, where he supports patients with complex rehabilitation needs following serious injury and neurological illness.

His specialist interests include traumatic brain injury, spinal cord injury, complex polytrauma and the management of patients requiring coordinated multidisciplinary rehabilitation. His work spans the full rehabilitation pathway, from early assessment within acute hospital services to specialist inpatient care, community rehabilitation and longer-term support. He has a particular interest in strengthening the integration of rehabilitation within major trauma services and improving continuity of care.

Dr Anwar is actively involved in undergraduate and postgraduate medical education. He contributes to national rehabilitation committees, curriculum development and professional training. He has led educational programmes in major trauma rehabilitation, bringing together consultants, trainees and allied health professionals from across the UK.

Alongside his clinical and educational roles, Dr Anwar contributes to research and service development in brain injury and trauma rehabilitation. His work promotes early specialist rehabilitation, effective multidisciplinary practice and better long-term outcomes for people living with complex disability.



Dr. Navita Purohit Vyas, MBBS, MD, DNB, Fellow of IAPM

Head of the Department of Pain and Palliative Medicine at Kokilaben Dhirubhai Ambani Hospital and Medical Research, Mumbai. Dr Navita Purohit Vyas is a Certified Interventional Pain Sonologist (CIPS), USA, and a EULAR-Certified Sonologist.

She is the first woman in India to become a Certified Interventional Pain Sonologist (CIPS) in New York, USA. She is also a certified palliative care physician through the Indian Association of Palliative Care (IAPC) and a certified interventional pain physician through the Aesculap Academy, Germany.

Dr Purohit Vyas is Chair of the NeuroPalliative Care Special Interest Group of the World Federation for NeuroRehabilitation (WFNR) and Associate Editor of the Journal of the International Society of Physical and Rehabilitation Medicine. She is a former Honorary Secretary of the Indian Association of Physical Medicine and Rehabilitation (IAPMR).

She undertook advanced training in pain management at Harvard Medical School and in interventional pain management at the University of Washington in Seattle, USA. She also trained in pain and palliative care at Tata Memorial Hospital.

Dr Purohit Vyas is a peer reviewer for several indexed journals and has delivered numerous presentations at national and international scientific meetings. She has authored more than 35 publications and contributed five book chapters.



Dr. Jawaria Qureshi

I am a Consultant in Stroke Medicine and Neurorehabilitation at James Cook University Hospital. Alongside my clinical practice in acute stroke management, neurorehabilitation and specialist botulinum toxin services, I have developed a special interest in ethics, governance and professional practice within Rehabilitation Medicine. During my higher specialist training, I served as the BSPRM Trainee Ethics and Governance Champion, supporting trainee engagement in ethics education.

Last year, I delivered a workshop on Ethics and Governance in Rehabilitation Medicine at the BSPRM Annual Scientific Meeting, which received very positive feedback. I remain actively involved in education within my specialist fields and am committed to promoting high-quality, ethical and patient-centred rehabilitation practice.



The 'BULLSS', Royal Orthopaedic Hospital, Birmingham

The 'BULLSS'; Birmingham Upper and Lower Limb Spasticity Service based at the Royal Orthopaedic Hospital, Birmingham. The BULLSS team provide multi-disciplinary assessment for the surgical and non-surgical management of spasticity and secondary complications.

They are made up of Mr Michael Craigen: Consultant Hand and Spasticity Surgeon, Mr Petros Mikalef: Consultant Hand and Spasticity Surgeon and Mr Paul Malone: Consultant Peripheral Nerve, Hand and Spasticity Surgeon and Emily Sayers: Advanced Practice Physiotherapist. The workshop will focus on how surgical management can be utilised to support rehabilitation and considered earlier in the patient pathway to optimise patient outcomes.



Dr. Javvad Haider

Dr Javvad Haider is a Consultant in Rehabilitation Medicine at Nottingham University Hospitals NHS Trust and Head of Service for the National Rehabilitation Centre (NRC). He serves as Treasurer of the BSPRM, has previously chaired the BSPRM CESR Network and NRSIG, and is currently a member of the ISPRM Statutes Committee and ISPRM representative to the WHO European Regional Office. Dr Haider sits on the Editorial Board of Advances in Rehabilitation Science and Practice and has published widely in peer-reviewed journals.



Dr. Jo Corrado

Dr Jo Corrado is a Consultant in Rehabilitation Medicine within the Humber Health Partnership, RCP College Tutor at Hull University Teaching Hospitals NHS Trust, and Secretary of the British Society of Physical and Rehabilitation Medicine (BSPRM).

Clinically, Jo specialises in neurological rehabilitation and serves as the Acute Rehabilitation Lead in Hull. Her areas of expertise and interest include the rehabilitation of individuals living with ME/CFS, Long COVID, fibromyalgia, and autonomic dysfunction, reflecting her commitment to supporting patients with complex and often underserved conditions.

Jo is passionate about clinical leadership and service improvement, driven by a strong commitment to enhancing patient outcomes and staff experience. This interest was fostered during a year as a Clinical Leadership Fellow and has continued throughout her career through a range of leadership roles at both trainee and consultant level. She is particularly interested in leading innovation, improving healthcare pathways, and fostering collaborative working across organisations to deliver high-quality rehabilitation services.



Dr. Ece Yilmaz Kara

Dr Ece Yilmaz Kara is a Consultant in Rehabilitation Medicine at the Oxford Centre for Enablement, specialising in neurorehabilitation, including complex spasticity management, trauma rehabilitation and amputee rehabilitation. She has a strong interest in training and education, having previously chaired the BSPRM Education Committee, and is the current Training Programme Director for Thames Valley. She represents the BSPRM on the European Board of Physical and Rehabilitation Medicine and within the ESPRM, and chairs the BSPRM Portfolio Network.



Prof. Karen Saunders

Professor Saunders is a highly experienced neurological physiotherapist, who works independently clinically and within clinical and academic research and medico-legal practice. She has completed PhD doctoral research into the long-term health impacts of Traumatic Brain Injury at the University of Kent and is a frequently invited speaker at regional, national and international conferences. She has published extensively within neuro-rehabilitation and received awards and recognition for leadership, education and teaching throughout her career, nationally and internationally.



Prof. Fary Khan, AM, MBBS, MD, FAFRM (RACP)

Professor Fary Khan AM is an internationally renowned specialist in Physical and Rehabilitation Medicine and currently serves as Chief Executive Officer and Medical Director of the Qatar Rehabilitation Institute, Doha, Qatar. She is a highly respected clinician, academic, researcher, and healthcare leader whose work has significantly influenced rehabilitation medicine, health policy, workforce development, and capacity building both regionally and globally.

Professor Khan holds numerous senior leadership and governance positions within the international rehabilitation community. She is President of the International Society of Physical and Rehabilitation Medicine (ISPRM) and President-Elect of the Asia Oceanian Society of Neurorehabilitation (AOSNR), reflecting her pivotal role in shaping global rehabilitation strategy and advancing rehabilitation as an essential component of health systems worldwide. She also serves as the Australasian Faculty of Rehabilitation Medicine (AFRM) representative to the Royal Australasian College of Physicians (RACP) Perioperative Medicine Committee, is an elected Board Member of the Rehabilitation Medicine Society of Australia and New Zealand (RMSANZ), a member of the Executive Committee for the Australia and New Zealand Bi-National Rehabilitation Strategy, and Immediate Past Academic Fellow of the AFRM Board.

Professor Khan served for more than two decades as Director of Rehabilitation Services at the Royal Melbourne Hospital and Peter MacCallum Cancer Centre, Australia, where she led major clinical, academic, and service innovations. In recognition of her outstanding contributions to medicine and rehabilitation, she was appointed a Member of the Order of Australia (AM) in 2022. Her international standing has been further acknowledged through her election as an International Member of the U.S. National Academy of Medicine. Among numerous prestigious honors, she has received the George Burniston Oration and Medal (2024), the Ollie Hook Oration Award (2024), and the Sidney Licht Award (2018) for excellence and leadership in rehabilitation medicine.

Professor Khan has established and led innovative rehabilitation programs across neurological, cancer, trauma, and disaster rehabilitation, and has played a central role in advancing rehabilitation preparedness and response in disaster and humanitarian settings. She has held leadership positions including Chair of the ISPRM Emergency Rehabilitation Committee and Chair of the RMSANZ Disaster Rehabilitation Special Interest Group. Her extensive international engagement includes more than 20 executive appointments and affiliations with leading academic and professional institutions worldwide. She actively contributes to global health diplomacy through the WHO-ISPRM Liaison Committee and the UN International Council for Caring Communities and leads the internationally recognized Global Rehabilitation Flying Faculty, which has delivered education and training programs across more than 15 countries.

A distinguished scholar and research leader, Professor Khan has authored more than 500 peer-reviewed publications, including systematic reviews, clinical guidelines, book chapters, and educational resources. She is a keynote speaker at major international conferences and has successfully supervised numerous doctoral and postdoctoral researchers. Through her leadership in research, education, and mentorship, she continues to shape the next generation of rehabilitation clinicians, academics, and health leaders worldwide. She serves on the editorial boards of several leading rehabilitation journals and is a Section Editor for the forthcoming edition of DeLisa's Principles and Practice of Rehabilitation Medicine.



Prof. Gillian Mead

Gillian Mead is Professor of Stroke and Elderly Care Medicine at University of Edinburgh. Her research and clinical practice has focused on the long-term problems after stroke including fatigue, mood disorders and impaired physical fitness. She and her team have demonstrated that physical fitness training after stroke improves a range of clinically relevant outcomes.

She has identified new targets for post-stroke fatigue treatments, and developed a complex intervention to treat fatigue. She co-led the multicentre FOCUS trial (fluoxetine or control under supervision) which showed that fluoxetine reduced the frequency of depression after stroke, increased fracture risk but did not improve disability (Lancet 2019).

As a stroke physician in NHS Lothian, Gillian established a Life after Stroke Clinic at the Royal Infirmary which sees around 200 patients each year.

Between 2020 and 2024, Gillian co-led the World Stroke Organisation Guideline committee, resulting in publication of the World Stroke Organisation Guidelines. She was President of British and Irish Association of Stroke Physicians from 2022 to 2023. She has been awarded prestigious prizes for her work including the Barbro J Johansson award for stroke recovery from the World Stroke Organisation, and the Lady Illingworth Award (Tenovus Scotland). She is Fellow of the Royal Society of Edinburgh and Fellow of the Academy of Medical Sciences.



Prof. Richard Huxtable

Richard Huxtable is Professor of Medical Ethics and Law at the University of Bristol, where he directs the Centre for Ethics in Medicine, in the Medical School. Qualified in law, socio-legal studies and bioethics, his research primarily concerns end-of-life decision-making, surgical ethics, and clinical ethics. He has published widely in the field of medical ethics and law and his eight books include *Euthanasia: All That Matters* (Hodder, 2013), *Euthanasia, Ethics and the Law: From Conflict to Compromise* (Routledge, 2007), and *Law, Ethics and Compromise at the Limits of Life: To Treat or Not to Treat?* (Routledge, 2012).

He has given expert evidence on assisted dying to committees in England, Ireland, and the Isle of Man, led an ethics review of a proposed law in Jersey, and also served as an advisor to Citizen's Juries convened by the Nuffield Council on Bioethics and the Jersey Government. He has also served on various ethics committees, including those of the British Medical Association and the Royal College of General Practitioners, and he is a trustee – and former Chair – of the UK Clinical Ethics Network. In 2025, he was awarded the Ted Shotter Lifetime Achievement Award for Endeavour in Medical Ethics, by the Institute of Medical Ethics.



Prof. David Nutt

David is Prof of Neuropsychopharmacology at Imperial College London. He obtained an Open Scholarship in Medicine at Downing College Cambridge then completed his clinical training at Guy's hospital London. He did his doctorate at the MRC Clinical Pharmacology Unit in Oxford subsequently becoming a University Lecturer and then a Wellcome Trust Senior Fellow in psychiatry. Then followed two years as head of the research ward at NIAAA in the USA before he set up the Psychopharmacology unit at Bristol University in 1988, where he later became Prof of Psychopharmacology and Dean of Clinical Medicine before moving to Imperial College London in 2008.

He has held presidencies of the EBC, BAP, BNA and ECNP, was chair of the ACMD and founded the charity DrugScience and now chairs PAREA the European association for access to research with psychedelics.

David's contributions to pharmacology include GABA and noradrenaline receptor function in anxiety disorders, serotonin function in depression, endorphin and dopamine function in addiction and most recently the neuroscience and clinical utility of psychedelics. He has over 600 original research papers, a similar number of reviews/book chapters, eight government reports and 40 books. In 2013 he was awarded the John Maddox Prize from Nature/Sense about Science for standing up for science and in 2017 a Doctor of Laws hon causa from the University of Bath.

Session 1



Dr. Ingrid Horeitzauer

Ingrid is a full time NHS consultant supported by an NRS career research fellowship. She splits her time between acute traumatic brain injury rehabilitation and general neurology while trying to also juggle research and a healthy love of pastries. Ingrid is the secretary of the British Neuropsychiatry Association (BNPA) and would love more rehab clinicians to be involved in the BNPA! <https://bnpa.org.uk/membership/>

Session 2



Dr. Maria Wilczynska, MBChB (Hons), MD, FRCP

Dr Maria Wilczynska is a Consultant Respiratory Physician and Clinical Lead for the Department of Sleep Medicine at NHS Lothian. She is a member of the British Thoracic Society Sleep Specialist Advisory Group. Her clinical and research interests include obstructive sleep apnoea, sleep-service development and the cardiovascular consequences of sleep-disordered breathing. Her MD examined haemostatic and vascular biomarkers in OSA, and she has published and presented at conferences on OSA and CPAP therapy.



Dr. Gourab Choudhury

Dr Choudhury is a Consultant Respiratory Physician at the Royal Infirmary of Edinburgh. He leads the Emphysema and COPD service and serves as the Co-Chair of the Respiratory Managed Clinical Network in NHS Lothian. He is currently the national clinical lead for the COPD pathways in Scotland through the Centre for Sustainable Delivery (CfSD) and co-chairs the National Respiratory Unscheduled Care Group for the Scottish Government, with a focus on improving unscheduled care models for respiratory medicine across Scotland.

Dr Choudhury leads all clinical and translational COPD research in Edinburgh and is currently spearheading a major NIHR funded digital innovation programme in the Region.



Dr. Alistair McConnell

Deputy Director of the HWU Edinburgh Centre of Robotics - CDT

My main areas of research are helpful and functional robotic systems, including soft robots, bio-inspired robotics, prosthetics, human-robot interaction, and more.

The aid could be in the form of an exoskeleton to provide rehabilitation after a stroke, creating feedback methods for prosthetics, building robotic systems to help remove humans from hazardous environments or even using robots to detect damage to the buildings we all work in.

To actually manage to create any of these robotic systems requires an understanding of the stated fields as well as knowledge of the human body and perception so we can all interact with robots.

The final goal is to take these ideas out of the lab and into the real world via spin-outs, start-ups, public engagement or science diplomacy.



Prof. Angus Hunter

Angus Hunter is a Professor of Neuromuscular Physiology and Head of Sport Science at Nottingham Trent University (NTU). Prior to joining NTU in 2021, Angus served as Associate Dean of Research for the Faculty of Health Sciences and Sport at the University of Stirling, where he had been based since 2002. Angus completed a PhD at the University of Cape Town, supported by a foreign scholarship, focusing on the physiology of exercise and the mechanisms underpinning neural fatigue.

Angus's research centres on understanding how the brain recruits muscle across different populations and conditions. This work spans a broad range of areas, including elite athletic performance, sarcopenia, rehabilitation, social prescribing, sport-related concussion, and non-communicable diseases in South African township populations.

Angus has secured external research funding from a wide range of organisations, including UKRI (MRC, BBSRC, Innovate UK), industry partners, the UK Ministry of Defence, the US Department of Defense, the British Council, SportScotland, UK Sport, and the South African government. Angus also serves as an expert scientific advisor to the UK Government's Department for Culture, Media and Sport.



Dr. Abhishek Srivastava (MBBS, MD, DNB, PhD)

Consultant in Rehabilitation Medicine, Specialist in Neurological Rehabilitation and Director, Center for Physical Medicine and Rehabilitation at Kokilaben Hospital, Mumbai. Dr Srivastava has more than 25 years of experience in Rehabilitation Medicine and had set up the first comprehensive and largest Center for Rehabilitation in private healthcare at Kokilaben Hospital, Mumbai in India.

Dr Srivastava is Member at Large, Presidium of the World Federation for Neurorehabilitation (WFNR); Chair, Multiple Sclerosis Special Interest Group, World Federation of Neurorehabilitation (WFNR); Chair, Education Committee, Asia Oceania Society for Neurorehabilitation (AOSNR); World Health Organization (WHO) Development Group Member for Traumatic Brain Injury Rehab; Member, Lancet Commission for Neurorehabilitation; Organizing Secretary, World Congress for Neurorehabilitation (WCNR 2018); Chair, Neurorehab Sub Section of Indian Academy of Neurology; Founder Director of Indian Federation of Neurorehabilitation.

His clinical areas of interest are stroke, traumatic and non-traumatic brain injury rehabilitation. He is an expert in rehab robotics and hyperbaric oxygen therapy and multimodality spasticity management including botulinum toxin. He has edited four book, contributed 20 chapters, published more than 80 research papers, and delivered more than 300 invited lectures & papers at various International and National meetings in the field of neurosciences and rehabilitation.

Dr Srivastava has received Bindeshwari Sudarshan IAPMR Gold Medal, Dr Anisya Vasanth Award, Dr Navnendra Mathur Award, Dadhichi Hospimedica Award, and Dr MV Sant Memorial Oration for the enormous contribution in neurosciences and rehabilitation.

Session 4



Prof. Stefano Negrini, MD, PhD

Stefano Negrini, MD PhD, is a Full Professor in Physical and Rehabilitation Medicine (PRM) at the University of Milan “La Statale” (Italy), an Honorary Professor at the University of Jordan in Amman (Jordan) and an Associate Graduate Faculty at Ontario Tech University, Ottawa (Canada). He directed until 3/2026 Cochrane Rehabilitation (founded in 2016), which evolved in 2024 into Cochrane Rehabilitation, Functioning and Disability. He is the Director of the Evidence-Based Rehabilitation Laboratory at the Research Hospital Galeazzi Sant’Ambrogio, Milan, and the Scientific Director of ISICO (Italian Scientific Spine Institute).

He was a promoter and is the founding President of the European Organization of University PRM (UniPRM). He is a member of the European Academy of Rehabilitation Medicine, an expert of the European Union Medical Specialists-PRM Section, and a member of the Advisory Board of the International Society On Scoliosis Orthopaedic and Rehabilitation Treatment (SOSORT).

He was Chief-Editor of the “European Journal of PRM” from 2004 to 2020. He was a founder and President of SOSORT and has been active in multiple positions within the International and European Societies of PRM (ISPRM and ESPRM). He presided over multiple National and International Meetings and Master courses. He won 23 Awards, including the ISPRM Distinguished Researcher Senior in 2023, the Association of Academic Physiatrists (AAP) Joel DeLisa Lecture in 2018, and the John H Moe Award of the Scoliosis Research Society in 2018. He published >570 PubMed papers, >100 book chapters, and gave >100 Invited Lectures. He has a Scopus H-Index of 60 and is in the top 2% scientists globally (19,985th in total, and 22nd in rehabilitation) (Stanford University ranking), with the best expertise on the topics of Braces (2nd), Scoliosis (13th), Rehabilitation (15th) and Rehabilitation Medicine (16th) (Expertscape ranking).



Dr. Carlote Kiekens

Carlote Kiekens is a Belgian Physical and Rehabilitation (PRM) physician, working in Italy since 2020, after 30 years at University Hospitals Leuven. She is currently working as a researcher at the Laboratory of Evidence-Based Rehabilitation at the IRCCS Galeazzi-Sant'Ambrogio Hospital, and the Italian Scientific Spine Institute (ISICO), both in Milan. Her main fields of interest are rehabilitation for people with spinal cord injury and (adult) spina bifida, polytrauma, and amputation, ethics in rehabilitation, sexuality and disability, evidence-based practice, health policy and systems research in rehabilitation and advocacy for rehabilitation and people with disabilities.

She is the director of the Cochrane Thematic Group: "Functioning, Disability, and Rehabilitation". She is a European Academy of Rehabilitation Medicine member, ISCoS Fellow, EBPRM Life Fellow, ESPRM Honorary member, UEMS PRM Section expert. She is an advisor of the ISPRM-WHO Liaison Committee and a member of the World Rehabilitation Alliance. She published over 230 PubMed papers and 22 book chapters (Scopus H-index 35). She delivered numerous lectures and workshops at national and international conferences, as well as in low- and middle-income countries in the Middle East, Asia and Africa.

Session 5



Prof. Denise Kendrick

Professor Denise Kendrick is an academic general practitioner who co-leads the Injury Epidemiology and Prevention Research Group (IEPRG) at the University of Nottingham. She is trained in public health, medical statistics and general practice. She has worked in the field of injury prevention for over 30 years. Her work focuses on:

- Evaluating the effect of interventions to reduce injuries and minimise the impact of injuries on patients' lives
- Measuring the long term impact of injuries and improving injury outcomes
- The epidemiology of injuries, including exploring social variations in injury risk

She currently co-leads the NIHR Return To Work After Trauma (ROWTATE) 7 year programme of research to develop and evaluate a vocational rehabilitation intervention to help people return to work after serious injury.



Adam McDiarmid

Adam McDiarmid is a Consultant Cardiologist at the Freeman Hospital and is a member of the Advanced Heart Failure, Mechanical Support & Transplantation team. Adam completed cardiology training in the North East of England followed by a Doctorate of Medicine at the University of Leeds in CMR, and subsequently a fellowship in advanced heart failure and transplantation at Toronto General.

On his return to the UK in 2016 he was appointed as a Consultant at Guy's and St Thomas' in London before moving to the Freeman Hospital in 2018



Claire Lincoln

Claire completed her undergraduate Physiotherapy degree at Glasgow Caledonian University in 2002 and an MSc in Medicine and Science in Sport and Exercise in 2008.

She worked across various specialties in Glasgow, UK and Auckland, New Zealand before specialising in spinal cord injuries (SCI) at the QENSIU from 2006. In April 2019, she was successful in gaining an NHS Research Scotland AHP Fellowship and was seconded to a full time SCI research physiotherapist post from 2022 to 2024 where she worked across a number of acute and chronic clinical studies involving motor training / activity based therapy and transcutaneous spinal cord stimulation.

She continues to integrate research into her Clinical Specialist role at the QENSIU. Her particular SCI clinical and research interests include FES, rehabilitation technology, physical activity and the transition from a specialist SCI unit into the community. She is currently on the executive committee for the International Network of Physiotherapists in Spinal Cord Injury.

Session 6



Michelle Small

Michelle Small is a paediatric epilepsy specialist nurse with 22 years of patient-facing experience. She is currently part of the NHS Lothian's paediatric epilepsy service that cares for children with an epilepsy diagnosis from newborn to 18 years old, often with complex neurological conditions. She is currently based at the Edinburgh Children's Hospital.

Since qualifying in paediatric nursing in 2004 with a degree in child health from Edinburgh Napier University, she spent 7 years as a paediatric neurology nurse, in paediatric intensive care, and as a Senior Research Nurse, which saw her gain experience in clinical research, before deciding to specialise in paediatric epilepsy in 2011.

While patient-facing care is her passion, Michelle has extensive experience in clinical research and has background as a research nurse. She has continued to use this experience within her specialist nursing role, being involved in multiple research studies. She has a particular interest on the mental health impacts of epilepsy on children and young people.

Michelle currently sits on the steering group of the Scottish Paediatrics Epilepsy Network (SPEN), and the epilepsy training faculty of the British Paediatrics Neurology Association (BPNA), steering and delivering epilepsy training to groups and individuals around the world. She has also been part of private case reviews for children and young people with epilepsy.



Rachel Lloyd

Rachel Lloyd qualified as a Registered General Nurse in 1992. She has worked in Neuroscience both in Scotland and Western Australia and has been in her current post as an Advanced Clinical Nurse Specialist (Epilepsy) since 2012. She studied for her undergraduate degree with the Open University completing an Open Honours degree in 2012, this sparked her interest in Public Health and she has recently completed a Masters of Public Health at the University of Edinburgh. When not working or studying she can be found riding a Triumph Bonneville 865 round the South of Scotland.



Ms. Laurie Eyles

Laurie Eyles is a registered dietitian with 25 years experience in the NHS. Laurie currently works as a professional adviser in the Diet and Healthy Weight team in population health at Scottish Government and is a Service Lead in NHS Lothian's weight management and diabetes service. Laurie's professional interests are the areas of obesity, cardiometabolic health and weight stigma and she has recently chaired the guideline development group for SIGN 172.



Prof. Cathy Bully

Cathy Bulley is a full Professor at Edinburgh's Queen Margaret University with particular research expertise around lived experiences of long-term conditions and measures (including devices) to enhance participation. Her recent focus on foot-drop has led to her return to professional roots (physiotherapy) and to co-founding a spin-out social enterprise: the 'Health Design Collective' [Health Design Collective | Orthotics and Health care products](#).



Dr. Alison McKendrick

I left school wanting to do Rehabilitation medicine thanks to inspiring biographies of Paul Brand and Mary Verghese and work experience in Musgrove park Belfast which covered prosthetics, orthotics, SLT, OT, PT and medicine. I studied medicine in Aberdeen and did general medicine training the full length of the country (Elgin to Hastings) with specialist rehab training in Manchester and Sheffield. I have been working as a single handed rehabilitation medicine consultant within the DGH in Dumfries and Galloway Royal Infirmary since 2011.

Session 10



Dr. Juliet Spiller

I have been a consultant in Palliative medicine based at the Marie Curie Hospice in Edinburgh since 2002 supporting inpatient, community and outpatient services. From 2002 to 2010 I also supported the Hospital specialist palliative care services in an acute hospital and the community. My clinical and research interests in palliative care include delirium, psychological interventions, Emergency Care Planning and the ReSPECT process. In 2022 I led on work with the Association of Palliative Medicine to survey Palliative Care Specialist doctors in Scotland about their professional views on the impact of proposed Assisted Dying legislation.



Mr. Alex Ruck Keene KC

Alex Ruck Keene KC (Hon) is an experienced English barrister, writer and educator. His practice at 39 Essex Chambers in London is focused on mental capacity, mental health and healthcare law. He also writes extensively, editing and contributing to leading textbooks and (amongst many other publications) the 39 Essex Chambers Mental Capacity Law Report. He is the creator of the website [Mental Capacity Law and Policy](#), providing resources and expert commentary on some of the most difficult mental capacity issues. He is also a Professor of Practice at King's College London, where he co-leads the Mental Health, Ethics and Law MSc.



Lucy Nankivell

Lucy Nankivell is the Lead Nurse for the National Rehabilitation Centre (NRC), part of Nottingham University Hospitals NHS Trust, where she leads the nursing workforce within a pioneering, purpose-built rehabilitation facility.

Lucy qualified as a Registered Nurse in 2009 with a Master's degree in Nursing Science (MNursSci) from the University of Nottingham. She began her career in the Emergency Department at Nottingham University Hospitals before holding several roles within the Major Trauma service.

She later worked at University Hospitals Derby and Burton NHS Foundation Trust as Head of Clinical Improvement and Transformation, leading organisation-wide improvement initiatives with a focus on patient safety. Lucy is passionate about delivering high-quality, patient-centred rehabilitation care and has a strong interest in clinical improvement.



Prof. Sivaraman Nair

A consultant in Neurology with special interest Neurorehabilitation in Sheffield, United Kingdom since 2005. He is an hon. Professor of the University of Sheffield His research interest is to develop of devices and interventions to promote functional recovery following acquired brain and spinal cord injuries. He was the clinical lead the project that developed the first Multi Array Electrical Stimulation system (Shefstim) in the world. His current research programs are use of digital mobility outcomes in neurological disorders, sensory stimulation for treatment of upper limb dysfunction following stroke, use of Exoskeleton for walking in Multiple Sclerosis, Remote Ischemic Conditioning for Multiple Sclerosis, and use of brain computer interface for neurological rehabilitation.